



The Texas Outdoor Family program will provide each group with the basic equipment to enjoy an overnight stay at a state park to include:

- Tent for 6 people
- Coffee press
- Lanterns
- Pots, fry pan, and cooking utensils
- Stoves and fuel
- Equipment necessary for all activities
- **2 Twin air mattresses or Cots and 4 foam pads**

Check list, recommended items to bring for each family:

Clothing

- Good walking shoes or boots
- 3 pairs of socks (at least)
- Water shoes (for kayaking, showers)
- Long pants
- Shorts
- Long-sleeved shirt
- Short-sleeved shirt
- Underwear
- Hat
- Pajamas
- Swimsuit (for kayaking)
- Rain jacket

Personal

- Toothbrush
- Towel
- Wash cloth
- Deodorant
- Sunglasses
- Lip balm
- Soap
- Shampoo
- Water bottle

Miscellaneous

- Folding camp chairs
- Bicycles and helmets
- Book (optional)
- Flashlight/headlamp (extra batteries)
- Daypack/fanny pack
- Pocket knife (adults only)
- Binoculars

- First aid kit - personal medications properly labeled

Kitchen items

- Sharp knife
- Resealable plastic bags
- Plates, bowls and cups
- Silverware
- Paper towels
- Charcoal/starter fluid / chimney starter
- Cooler and ice
- Dish soap (preferably biodegradable)
- Can opener
- Aluminum foil
- Marshmallow skewers
- Food items for family
- Cast-iron skillet (basic fry pan will be provided)

Group items

- Camera with film or memory card
- Extra batteries
- Insect repellent
- Sunscreen
- Trash bags
- Matches or lighter
- Kindling or fire starter

Bedding/sleeping

- Sleeping bag or blanket
- An extra blanket, just in case
- Twin Sheets for the cot or air mattress
- Pillow