

Top 10 Reasons Why Life's Better Outside™ for Children

Children who play outdoors:

- 1** Are healthier physically and mentally.
- 2** Do better in school.
- 3** Have higher self-esteem.
- 4** Have good self-discipline.
- 5** Feel more capable and confident.
- 6** Are good problem-solvers.
- 7** Are more cooperative with other children.
- 8** Are more creative.
- 9** Feel connected to nature.
- 10** Will be tomorrow's conservation leaders.



Life's better outside.™