

# Lake Livingston State Park

## A lakeside forest in the Pineywoods

Hike quiet trails of tall loblolly pines and hardwoods. Take your family fishing anywhere along 2.5 miles of park shoreline. Natural wonders and outdoor fun always find you at Lake Livingston State Park.

#### **STAYING SAFE**

KNOW YOUR LIMITS. Prepare for sun and heat. Wear sunscreen, insect repellent and appropriate clothing/hiking shoes.

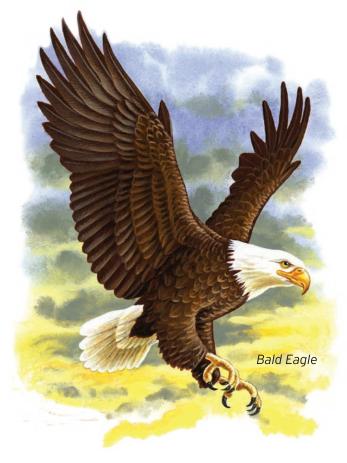
**DRINK PLENTY OF WATER.** Your body quickly loses fluids when you're on the trail. Bring a quart of water per hour of activity.

TELL OTHERS WHERE YOU'LL BE. If possible, avoid exploring alone. Tell someone where you are going and when you plan to return.

WEAR A HELMET WHEN BIKING. Check with park HQ to match the ride to your skill level. Wear a helmet to protect yourself in case of a crash.

**WEAR A LIFE JACKET.** The law requires that all children under age 13 wear one with adult supervision while boating.

POTENTIALLY HARMFUL PLANTS AND ANIMALS LIVE **HERE.** You'll see them more easily if you stay on trails.



#### FOR EMERGENCIES, PLEASE CALL 9-1-1.



TRAIL	DIST	TIME	DIFFICULTY	DESCRIPTION
BAKBA TRAIL	2 mi.	1 hr.	Moderate	Enjoy a leisurely stroll along a quiet forest path and listen for the <i>tap tap tap</i> of woodpeckers.
PINEYWOODS BOARDWALK TRAIL	0.9 mi.	30 min.	Moderate	An improved trail of just under a mile, this route offers views of both wetland and woodland habitat.
TRINITY TRACE TRAIL	2.1 mi.	2 hrs.	Moderate	The Trinity Trace Trail connects all of the park's campsites and offers some of its best forest and wildlife viewing.
OAK FLAT TRAIL	0.3 mi.	15 min.	Easy	This short path is one of the easiest hikes in the park and offers an unusually good view of the natural process of forest succession at work.
HAWTHORN TRAIL	0.2 mi.	20 min.	Easy	For a quick trip from the Trinity Trace Trail to park headquarters, take this jaunt through the woods.
FÓ:SI TRAIL	0.5 mi.	45 min.	Moderate	Named for the Coushatta word for bird, this half-mile walk through the deep woods connects the Oak Flat Trail and the Pineywoods Boardwalk Trail.

### TRAIL ETIQUETTE

**Trash your trash.** Keep the park natural. Pack out all of your trash and Leave No Trace.

**Leave feeding to nature.** Feeding wild animals will make them sick and more likely to harm people.

**Take only memories and pictures.** Please don't disturb or remove any of the park's plants, animals or artifacts.

We need to know about your caches. Please check with park HQ before placing geocaches within the park.

**Use only your muscles.** To protect park resources, no motor vehicles are allowed on the trails.

**Keep pets on leashes** for their safety, and to protect wildlife.