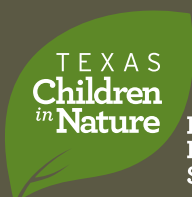




# Healthier, Happier, Smarter.

**Studies show that kids who play and learn outside:**

1. Are healthier physically and mentally.
2. Do better in school.
3. Have higher self-esteem.
4. Have good self-discipline.
5. Feel more capable and confident.
6. Are good problem-solvers.
7. Are more cooperative with others.
8. Are more creative.
9. Feel connected to nature.
10. Are tomorrow's conservation leaders.



Healthier,  
Happier,  
Smarter.

[www.texaschildreninnature.org](http://www.texaschildreninnature.org)



[www.naturerockstexas.org](http://www.naturerockstexas.org)



Life's better outside.®

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