

## BENEFITS OF ARCHERY

Spending time outside, including archery, has recognizable benefits for the health of youth and adults. It also involves practice of life skills:

- Problem Solving
- Patience/calm
- Strength
- Focus
- Precision
- Balance

Archery also supports conservation. Sporting goods manufacturers pay an excise tax that generates about \$372 million in annual funding that goes toward recreational programs, wildlife management, enforcing hunting regulations, and landowner guidance programs in Texas.

Archery is safe. Compared to mainstream sports, only bowling, badminton, and table tennis have lower injury rates than archery. Be sure to follow local ordinances if you're shooting at home.

## TYPES OF SHOOTING

### Target Shooting

Spending time at the archery range is fun and rewarding. It can also be a stress reliever. Practice at your own pace and enjoy the experience.

### Competitive Shooting

Clubs can offer tournaments and leagues. Scored shooting can be exciting and satisfying! Explore [NASPSchools.org](http://NASPSchools.org) for scholarship opportunities for your school.

### Hunting

Archery hunting takes time and dedication. The feeling of accomplishment that comes from success can be very fulfilling. Public hunting lands allow access to over one million acres in Texas!

Archery is a fun skill that benefits both the mind and body. It's a great way to enjoy time with family and friends and be part of a community.

If you're in it for the adventure, bowhunting is a rewarding challenge. You won't find more local, organic food than what you harvest yourself.

Equipment is available for every skill level, making it a great hobby for all ages and abilities.

## GET IN ON ARCHERY!

[ArcheryEdu@tpwd.texas.gov](mailto:ArcheryEdu@tpwd.texas.gov)

[www.tpwd.texas.gov](http://www.tpwd.texas.gov)



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# ARCHERY

## NEXT STEPS TO CONTINUE SHOOTING

Whether you're interested in fun, competition, or hunting, TPWD can help you get started.



Life's better outside.®

## GETTING STARTED

Look for local resources and information online. Here are a few good places to start.

### Archery Ranges and Clubs

A safe place to practice and join a community. Here you can find peers who enjoy the same passion, practice targets, 3D animal targets, and competitive and friendly tournaments.

### Archery Pro Shops

Often include an indoor range, lessons, knowledgeable staff, and equipment to buy. Learn what gear you need and improve your proficiency.

### Mentors

Having guidance from a friendly voice can be extremely valuable. By expressing your interest, you may find assistance from someone you already know, like a family member or someone from your social network.

### Junior Olympic Archery Development (JOAD)

These clubs for youth can be friendly or they can have a competitive design. Included in JOAD clubs are programming and coaches to improve performance.

### Archery360.com

Offers a wealth of information and easily searchable content for new and improving archers.

### TPWD Regional Archery Specialists

Texas Parks and Wildlife Department has a specialist in three areas of the state. Email [ArcheryEdu@tpwd.texas.gov](mailto:ArcheryEdu@tpwd.texas.gov) with your location and questions.

## GEAR BASICS

### Beginner Compound Bow

If you tried archery at a Texas Parks and Wildlife outreach program or through the National Archery in the Schools Program, you likely used the original Genesis Compound Bow. It's simple and durable and perfect for a beginner. It sells for about \$150. Basic target-shooting arrows like Easton XX75 arrows are about \$5.

### General Compound Bows

Compound bows are commonly used for hunting and sold at different (and often adjustable) draw weights and lengths to match the user. These measure the strength and distance needed to pull the bow to "full draw," making it ready to shoot. "Let-off" is built into most compound bows, decreasing the strength required to keep a bow at full draw.



### Crossbow

This equipment is gaining popularity. It accommodates users with arm and back disabilities via a different method of drawing the bow and may be stealthier for hunting.



### Recurve and Long Bows

These types are traditional and more mechanically simple. They transfer the strength of the bent bow limbs into the arrow.



### Arrows

Arrows should be chosen based on the power of your bow and its intended use. Speak with a pro shop or do your own research.



*The best bow for you is the bow that fits your plans, needs, and budget.*