



April 6-8, 2018

**Camp El Tesoro
Granbury, Texas**

PROCEDURE

REGISTRATION

1. Review the workshop information and course descriptions.
2. The first 120 ladies who click on the link provided (below) and follow the steps to make payment will have a spot! The last BOW filled within just 2 hours!
3. Fee is \$250 – there will be **NO REFUNDS** for this BOW.
4. Follow these steps to create account and make **PAYMENT** to **RESERVE** your spot at BOW via online link with credit/debit card only (there is a 2-person reservation limit per order):
 1. Must use Google Chrome, Mozilla Firefox, or Safari as your web browser (Internet Explorer will not work) with this link.
 2. Click here to begin the process: <https://www.bunk1.com/en/a/2307>
 3. Click "Need an Account? Register Here"
 4. After creating your username & password, click "Applications"
 5. Within the drop-down menu click "BOW Texas Parks & Wildlife April 6-8, 2018"
 6. Click "Start an Application"
 7. Click within the drop-down menu for "Select a family member" and click your name.
 8. Complete your application and make payment.
 9. Accept Camp Fire El Tesoro's Terms of Service and hit "SUBMIT"
5. Approximately 3-5 days **AFTER** you pay and have your spot reserved via paying through the online link with Camp El Tesoro – I will email you the "BOW Course Selection Packet." This will be the packet where you select your top 4 class choices and sign releases.

QUESTIONS?

Heidi.Rao@tpwd.texas.gov

www.tpwd.texas.gov/learning/bow

Workshop Information

Payments and Refunds

The cost of the program is \$250. The workshop fee includes instruction, program materials, use of demonstration equipment, meals, lodging, and evening programs.

Once your reservation has been processed, you are responsible for paying for the entire fee. If you decide to arrive late, stay off-site, or leave early, you are still responsible for paying the entire fee. If you must cancel, there will be NO REFUNDS for this BOW. Must contact Heidi.Rao@tpwd.texas.gov for cancellations and waiting list.

Registrants are not allowed to "sell" or offer their BOW spot to another participant.

Enrollment Limit

Workshop enrollment will be limited to 120 participants, **so register early.**

Scholarships

A limited amount of funds are available for scholarships (2 places). You would be required to pay \$125. Preference will be given to full-time students and persons from low-income, single-parent households. A scholarship will only be awarded once per individual. Please send an email addressing the following to heidi.rao@tpwd.texas.gov

- *Why would I like to attend a BOW workshop?*
- *What benefits I hope to achieve from attending?*
- *I plan to pursue and develop my outdoor experiences through...*
- *Have I been to a BOW workshop before?*

Equipment

Demonstration equipment will be provided by the program. Please read each class description for details relating to that event.

Lodging

Lodging is dormitory-style.

Special Needs

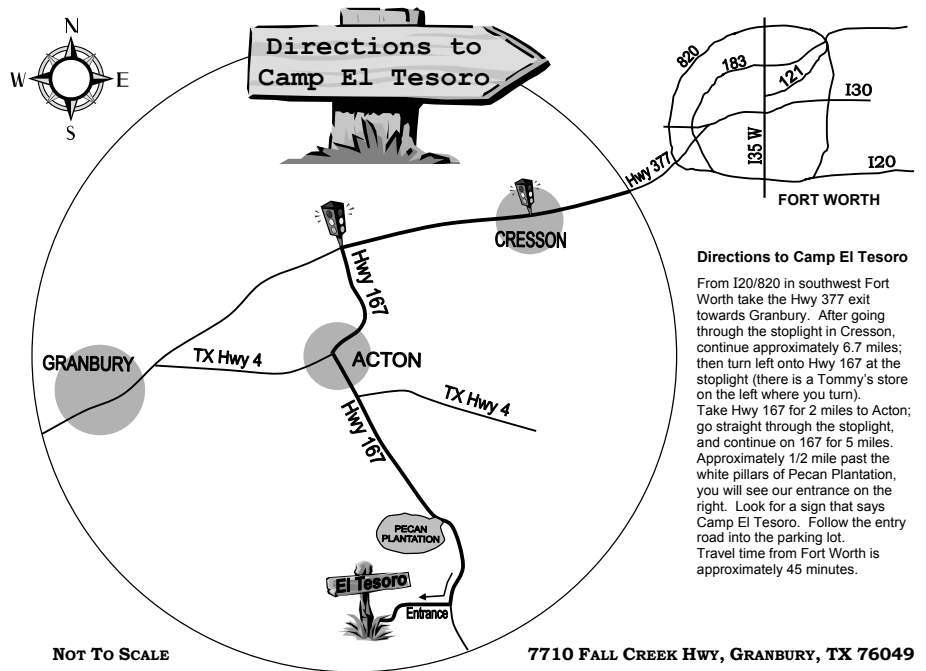
If you have special needs that require assistance, please indicate so on the registration form and we will try to accommodate them.

What to Bring

Classes are outdoors and hands-on. Tennis shoes or hiking boots are appropriate. There will be a lot of walking at this camp. Long pants are encouraged to protect you against brush and insects. You should also bring rain gear, insect repellent, shoes you can get wet and soiled, sunscreen, a water bottle, sunglasses, hat, alarm clock, camera, and a flashlight. Linens are not provided. Bring towels, sheets (twin-sized), blankets, sleeping bags and a pillow. There is a mini-fridge and microwave in each cabin. Water bottles and a flashlight are highly recommended.

Closed-toed Shoes Required for Water Classes! If you take or switch into ANY water classes, you MUST have closed-toed water shoes. No bare feet or sandals.

www.campfirefw.org/about-us/camp-el-tesoro/



Life's better outside.®

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Course Descriptions

YOUR PAYMENT CONFIRMS YOUR SPOT

Once you are paid and confirmed, you will receive a second email with the FINAL BOW Registration Packet (approximately 3-5 days later) to make your top FOUR class choices, including all of the details, paperwork and releases for the entire BOW weekend.

Archery Basics: Students will be exposed to a comprehensive overview of the sport. You will be taught how to safely use basic archery equipment, focusing on Olympic style target archery which includes proper stance, nocking an arrow, targeting, and release techniques. Students will learn the “11 Steps to Archery Success” that can be applied across all disciplines of archery. This is a fun, hands on experience that promotes archery as a healthy lifetime activity.

Archery II – Advanced: The next step in Archery. Learn how to tune your own bow, set your nock point, and adjust your sight. We will fine tune your form and discuss what it takes to extend your shooting distance. This is a course for those who already shoot archery but want to hone their skills, or learn to tune their equipment. Or how about moving past that 20-yard mark and experiencing field archery? Our goal is to provide you with straight forward explanations of archery techniques so you can advance your skills beyond the beginning archery phase. Participants should bring their own equipment to get the most out of this course. We will also have some bows available. Come prepared to shoot, shoot, and shoot some more! Some archery knowledge and basic skills are beneficial prior to taking this class.

Backpacking Basics: Participants will learn about the different levels of backpacking, equipment and equipment selection. Clothing, cooking utensils, trail etiquette and places to go will be discussed. Examples of various types of backpacking equipment will be available for participants to examine.

Basics of Bike Maintenance and Repair: The class will cover bike parts and fit, basic maintenance and tools, safety and bike handling skills. All participants will learn to repair a punctured tire and other basic repairs. Mountain bikes and helmets will be provided, but participants are strongly encouraged to bring their own. **This course is a prerequisite for anyone who wants to take “Mountain Bike Basics.”**

Mountain Bike Basics*: This class covers beginning techniques of mountain biking. Participants will learn basic mountain biking body position and skills. Mountain bikes and helmets will be provided, but participants are strongly encouraged to bring their own. **Participants must have taken “Basics of Bike Maintenance and Repair” prior to this class.**

Camping Basics: We’ll make you a “happy camper.” Find out how much or little equipment it takes to keep you safe and sound on your adventures. We’ll discuss Leave No Trace, shelter (tents), sleeping (bags/pads/cots), stoves and lighting of all varieties, trip planning, basic necessities and all the little comfort items new on the market. No matter what your experience level, you’ll be certain to pick up new ideas from instructors and fellow participants and share your thoughts with others.

Discover Upland Game: Activities cover hunting techniques and considerations, wildlife management; species behavior and habitat, as well as safety and game laws review. Learn about the firearms used, species recognition and some great recipes for bringing game to the table.

Firearms Maintenance & Cleaning: How often do I need to clean my firearm? How far do I need to break down my gun? What do I use and where? What do I do with my ammo? These are some of the common questions that arise when an individual purchases a gun. Join us as we learn to properly clean & maintain our different types of firearms.

Fishing 101*: This class is an introduction to the equipment and skills necessary for the novice to begin to enjoy fishing. Participants will learn about fish habitat, equipment selection, knot tying and casting. Learn the ABC’s of fishing in both freshwater and saltwater. Students will learn about the different types of rods, reels, tackle, baits, species of fish you would likely encounter, habitat preferences, fish handling techniques AND the latest in fishing apparel.

Participants must have a fishing license to take this class.

Flyfishing Basics*: Participants will learn the classic “four-part” cast and roll cast, as well as hooking, playing and landing fish using the “long rod.” The class covers basic information on how to fish using a fly rod and how to select the right fly for freshwater & saltwater fishing. **Participants must have a fishing license to take this class – we may wet our lines!**

Flytying Basics: This class will teach participants the basics of the flytying art. Fly types and their uses will be discussed and demonstrated, including nymphs, dry flies, wet flies and streamers. Participants will get to “try their hand” at tying flies, which they will be able to take with them.

Game Calling: Want to “talk to the animals” like Dr. Doolittle? Participants will learn techniques for calling in varmints (hogs, coyotes, bobcats, foxes), turkey, waterfowl, deer and elk and even non-game animals. Each participant will receive her very own call and learn how to set up for the hunt, wildlife photography or simply to watch animals from close range. Call types, outdoor safety, camouflage, blinds, animal behaviors and responses are topics that will be included in this outdoor, hands-on session. And, you can drive your family and friends crazy!

Geology Basics: This class is an introduction to geology for the casual observer or amateur enthusiast. Participants will learn about the geologic time scale and basic geologic principals, tools of the trade and other visual aids, as well as hands-on mineral and rock identification. Geology of state parks and roadside geology will also be covered, followed by light hiking around the grounds. **This is a prerequisite for anyone who wants to take “Geology Advanced.”**

Geology Advanced – Practical Application Of Geology*: In this class we’ll cover rocks and minerals found in the area, field geology in Texas, geologic maps, and other uses for geology in everyday life. Light hiking shoes recommended. **Participants must have taken “Geology Basics” at this or a previous BOW workshop, or have an understanding of geology to take this class.**

Geology Field Trip to DINOSAUR VALLEY State Park*: This is an applied geology field trip to Dinosaur Valley State Park for the amateur enthusiast to take place during Session IV. A caravan will leave the camp before breakfast and drive 50 minutes to the state park. Participants will need to pay their own entry fees into the park. Points of interest will include river geology and an abundance of dinosaur tracks in the shallow river. Estimated instructor accompanied time in park will be 3 hours, though participants may stay longer or head home at any time. Light hiking shoes or water shoes recommended. Packing breakfast and a sack lunch is also recommended in order to maximize time. Field trip may be canceled due to unforeseen inclement weather that may endanger participants, and will be up to the discretion of the instructors, BOW organizers, and the state park. **Participants must have taken “Geology Basics” at this or a previous BOW workshop to attend this field trip.**

Intro to Birdwatching: Participants will be taken on a Birdwatching hike. Bird identification, life histories, habitat requirements, techniques, tips and places to go Birdwatching will be covered. Wear comfortable walking or hiking shoes. You may bring your own binoculars if you have them.

Intro to Bowfishing: Join Garquest Bowfishing Adventures for an exciting and educational experience in bowfishing! Participants will learn the basics of bowfishing safety, equipment, fish identification, regulations, and much more. This program will consist of hands-on training and is taught by a 32-year veteran of bowfishing, and state record and world record holder! **This is a prerequisite for anyone who wants to take “Bowfishing II – Advanced.”**

Bowfishing II – Advanced*: Take your newly acquired skills to the water as you experience a hands-on Bowfishing adventure! This session will occur Friday evening, after dinner. There are only 5 spots available in this session – and this session counts as one of your 4 choices – even though this is listed on your agenda as Session II (Saturday morning) – it will actually occur Friday evening. You will then have Saturday morning free. **Participants must have already taken “Introduction to Bowfishing” and have a fishing license to take this class.**

Introduction to Bowhunting: Participants will be introduced to the terminology and techniques used in bowhunting, which include equipment, calls, tracking, species identification, habitats, and rules and regulations. We will also practice distance estimation. Bowhunting opportunities will be explored. Please wear walking or hiking shoes.

Intro to Firearms: This class will cover basic types of firearms, firearms safety and an introduction to selecting and purchasing firearms. This class will not include any actual shooting, but is a prerequisite for anyone who wants to take Shotgun Basics or Advanced Shotgun Basics.

Intro to Hunting & Hunter Education Certification*: Participants will be introduced to techniques used in hunting, which include equipment, calls, tracking, species identification, habitats and rules and regulations. Hunting opportunities will be explored. Participants must wear walking or hiking shoes. **Each student must bring \$15 cash to obtain their Hunter Education Certification, payable to instructor. This is in addition to the regular BOW fees.**

Kayaking Basics*: This class will focus on the basic techniques and equipment needed to begin kayaking. Participants will be able to take the kayaks on the water and practice what they have learned. **PARTICIPANTS NEED TO BRING:** neoprene wetsuit/farmer Jane, synthetic clothing (long pants and long sleeve shirt), fleece for warmth, rain gear (jacket & pants), hat or cap with brim, beanie for warmth, gloves, booties, sunglasses with strap, water bottle. There will be a limited amount of clothing to borrow in various sizes.

Map & Compass Basics: In today's world of electronics and gadgets, the skill of reading a map and using a compass can keep you out of trouble, get you out of trouble, or dramatically expand your adventure and survival options during any outdoor excursion. This class reveals the mystery of the compass as well as topographic and other maps leading to an understanding of route planning. Participants will practice each of these skills. All materials provided. If you have a compass or mystery map, please bring them. **This is a prerequisite for anyone who wants to take "Map & Compass II – Land Navigation."**

Map and Compass II – Land Navigation*: Map-and-compass skills can keep you out of trouble, get you out of trouble, or dramatically expand your adventure options during any outdoor excursion. This class expands your knowledge of topographic maps, compasses, the forms of navigation and route planning. Participants will then negotiate a cross-country course as a navigation "team." **Participants must have taken "Map and Compass Basics" at this, or a previous BOW workshop to take this class.**

Natural Fiber Basketry*: In this class we will weave a basket out of grapevine, jute, seagrass, raffia and reed. We will also discuss collection and dying of other weaving materials. When finished, you can take your basket home. Feel free to bring any special weaving materials that you might want to use to personalize your creation. **Each student must bring \$5 cash to participate to help cover supplies, payable to instructor. This is in addition to the regular BOW fees.**

Nature's Art*: Mother Nature loves her colors! Discover the budding artist in you as we celebrate color in nature with fun, hands-on art projects for you to take home. No art experience necessary... just an open mind and a sense of humor that appreciates a very loose interpretation of "art!" Let's get messy together! **Each student must bring \$10 cash payable to the instructor to help cover supplies. This is in addition to the regular BOW fees.**

Outdoor Cooking*: Participants will learn the basics of outdoor cooking techniques including cast iron Dutch ovens, tin turtles in the campfire, cedar plank grilling and many other methods. Become comfortable with outdoor stove technology, old and new. Come hungry and be prepared to help make the meal – from hors d'oeuvres to desserts – and spend some time grazing! **Each student must bring \$10 cash payable to the instructor to help cover supplies. This is in addition to the regular BOW fees.**

Outdoor Survival: Any outdoor activity can quickly go from fun to an unpleasant or potentially dangerous situation. Your most important piece of gear is not a whiz-bang gadget – it's you. This class teaches preparing for the predictable and solving problems by either avoiding them or adapting your gear and knowledge to your predicament. Participants will learn to build shelters and survival kits, start fire, tie basic knots, procure water, recognize and respond to weather hazards and signal for help. Be prepared to get dirty and empowered!

Plant I.D.: Have you ever wondered about the plants around you? This basic class is designed to introduce you to the world of plants and to help you get started learning how to identify plants, especially wildflowers. Participants will learn how to look at plants differently to help identify them, how to select a field guide, and interesting facts and uses of plants. An easy hike is included to identify plants in the vicinity.

Shotgun Basics*: This class will provide an overview of shotgun types, ammunition, uses and safety. Participants will have the opportunity to practice shotgun techniques with an emphasis on the use of a shotgun for hunting. Shotguns and ammunition will be provided. **Participants must have taken "Intro to Firearms" in order to take this class.**

Advanced Shotgun Basics*: Participants will be taught the basics of shotgun safety and technique. Sporting clays is a rapidly growing shooting sport designed to simulate true hunting conditions. **Participants must have taken "Intro to Firearms AND Shotgun Basics" in order to take this class.**

Teardrop Trailer Camping: Is "tenting" not for you? How about "glamping" in a classic, vintage-style teardrop camper? Learn about trailer selection, operation, safety procedures, equipment, camping options, and individual and group activities. Hands-on trailer experience will be fun and inspire you to leave the men at home! No prior experience needed. Bring a camp chair to class.

Trailer Basics: This class will cover how to properly hitch a trailer to a vehicle, safely maneuver around curbs and back a trailer into a parking spot. Come learn the tricks of the trade and practice in a supportive, judgment-free, no "No-The-Other-Way!" zone!

Turkey Hunting 101: "Talk Talk Talk...tuk tuk tuk...pttt!" Call the wily bird for photographs or while hunting. Learn the techniques to attract toms (gobblers) to your location, particularly during the spring turkey season and/or strutting period. Each participant will receive a call to take with them on upcoming outings. Turkey habitats, types, characteristics, species, hunting techniques, gear, scouting, calling and processing will all be covered during this course.

Water, Water Everywhere: Water may be everywhere, but is it high quality H₂O? This class will cover what it takes to have healthy aquatic ecosystems, both for humans and for wildlife. You will get wet and happy while sampling the local water for oxygen, nutrients, and other factors that influence its health. You will even do a little "bug picking" to let the littlest critters tell us about their liquid homes! Water shoes are necessary, as well as quick-dry clothing.

Wildlife 101: Did you know that nearly three-fourths of the bird species found in the United States have been identified in Texas? Or that over 140 species of mammals and reptiles also call this great state home? If you are an Outdoors Woman in Texas, you will cross paths with wildlife. Come learn about (and meet) some of the more common wildlife species found in Texas (as well as a few uncommon ones). Find out how you can attract them and bring a touch of nature to your home!

Wild Game Butchering, Sausage Making & Packaging: Learn the "do it yourself" method for processing game animals at home. Learn how to safely bone the quarters and process big game meat for roasts, steaks, and jerky. Make hamburger and sausage from the cleaned scraps. Learn ways to clean small game and game birds or waterfowl and the primary techniques for packaging game meat for proper freezing. After this class, you will know where the wild game you serve your family came from and how it was processed with care.

Woodworking for Wildlife: This class gets you started building different types of wildlife houses. Tips on various houses that attract birds in your area will be given. You will learn how to safely use a variety of power tools, as you construct your own nest box to take home with you to begin your collection.