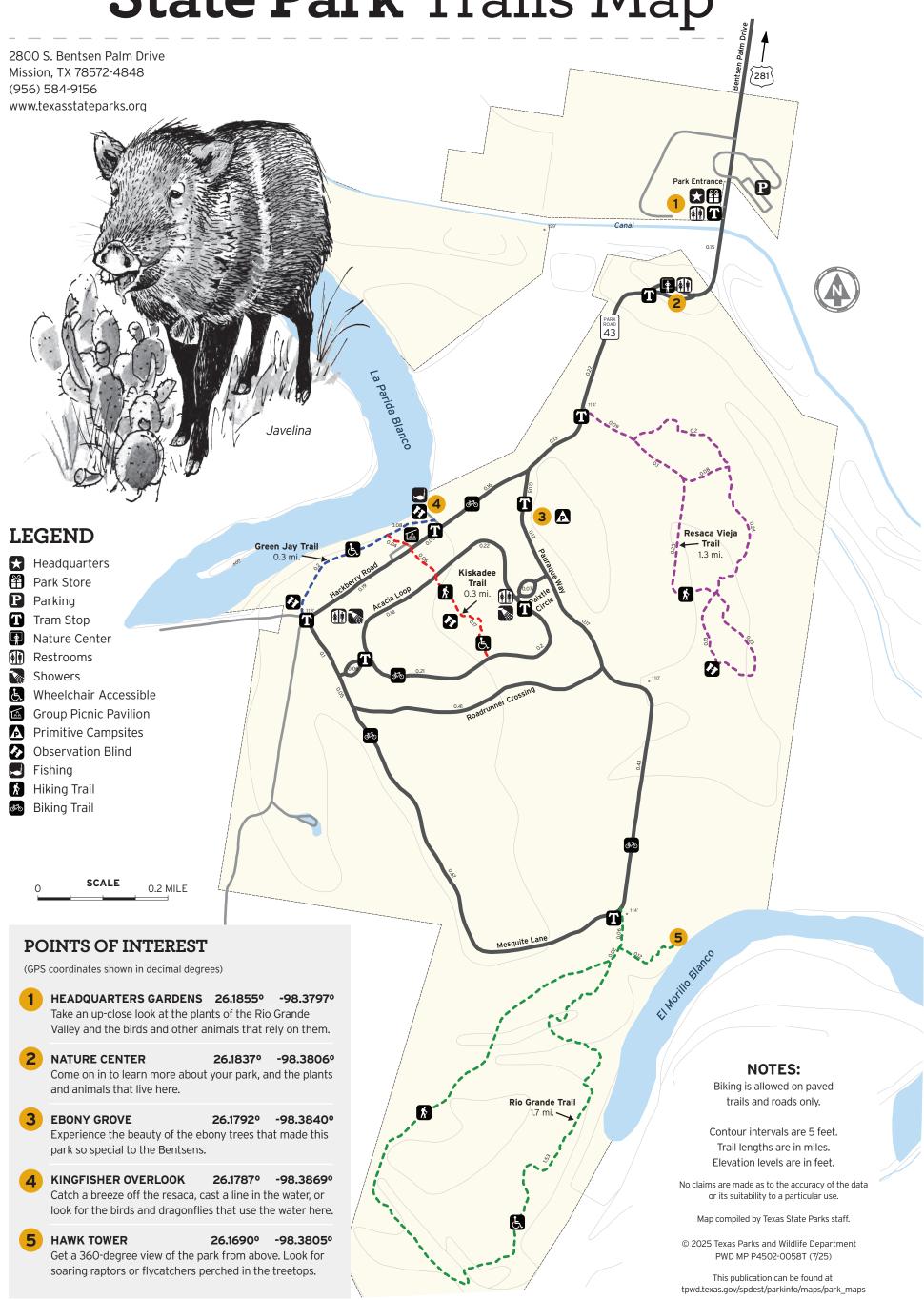


Bentsen-Rio Grande Valley State Park Trails Map



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Bentsen-Rio Grande Valley State Park



Experience the wild side of the Rio Grande Valley with its beautiful and rugged native plants and animals.

Immerse yourself in the forests of the Rio Grande floodplain. Walk, bike or ride the shuttle to discover all the life this place has to show you. Some of the plants and animals you see here live nowhere else in the United States. Learn more about them at the Nature Center. on your way in or by attending a program or tour.

STAYING SAFE

KNOW YOUR LIMITS. Prepare for sun and heat. Wear sunscreen, insect repellent and appropriate clothing/hiking shoes.

DRINK PLENTY OF WATER. Your body guickly loses fluids when you're on the trail. Bring a quart of water per hour of activity.

TELL OTHERS WHERE YOU'LL BE. If possible, avoid exploring alone. Tell someone where you are going and when you plan to return.

BIKE SAFELY. Check with park HQ to match the trail to your skill level. Wear a helmet to protect yourself in case of a fall.



TRAIL	DISTANCE	TIME	DIFFICULTY	DESCRIPTION
OLD PARK ROADS	3.8 mi.	2 hrs. (all roads combined)	Easy	Park Rd 43, Kingfisher Corridor, Acacia Loop, Roadrunner Crossing, Mesquite Lane, and Pauraque Way are former roads through the park that no longer have traffic. They're a safe, accessible way to see the park. Ask about our tram schedule for a way to explore in comfort.
RESACA VIEJA TRAIL	1.3 mi.	45 min. to 1 hr.	Easy to Moderate	Take this trail to walk one of the more diverse plant communities in the park. More plant diversity means more animal diversity, so keep your eyes peeled!
GREEN JAY TRAIL	. 0.3 mi.	20 min.	Easy	Walk along the resaca to see what's using its banks as refuge. This also provides good looks at some of the animals that prefer more open areas, like wild turkeys.
KISKADEE TRAIL	0.3 mi.	20 min.	Easy	Hike this trail and around Acacia Loop to see what you can find in the old campground. Be sure to check the bird blind and some water features in the area.
RIO GRANDE TRAIL	1.7 mi.	1 hr.	Easy to Moderate	The longest trail in the park provides a truly off-grid experience. Stop at the Hawk Tower to get a great view but then walk through a secluded forest that not many people take the time to see.

TRAIL ETIQUETTE

Trash your trash. Keep the park natural. Pack out all of your trash and Leave No Trace.

Leave feeding to nature. Feeding wild animals will make them sick and more likely to harm people.

Take only memories and pictures. Please don't disturb or remove any of the park's plants, animals or artifacts.

Keep pets on leashes for their safety, and to protect wildlife.

FOR EMERGENCIES, PLEASE CALL 9-1-1.

