Lake Whitney State Park

Explore a haven on the shore of Lake Whitney.

Discover Texas history and natural beauty as you hike or bike through the tallgrass prairie and oak woodlands of Lake Whitney. Enjoy nature on the family-friendly Two Bridges Trail, or look for wildlife in the changing landscapes of the Towash Forest Trail.

**STAYING SAFE**

**KNOW YOUR LIMITS.** Prepare for sun and heat. Wear sunscreen, insect repellent and appropriate clothing/hiking shoes.

**DRINK PLENTY OF WATER.** Your body quickly loses fluids when you’re on the trail. Bring a quart of water per hour of activity.

**TELL OTHERS WHERE YOU’LL BE.** If possible, avoid exploring alone. Tell someone where you are going and when you plan to return.

**WEAR A HELMET.** When biking, check with park HQ to match the ride to your skill level. Wear a helmet to protect yourself in case of a crash.

**BE CAREFUL IN THE BOAT.** Upon entering or exiting a canoe or kayak, stay low, move slowly and hold on to both sides of the boat.

**TRAIL ETIQUETTE**

**Trash your trash.** Keep the park natural. Pack out all of your trash and Leave No Trace.

**Leave feeding to nature.** Feeding wild animals will make them sick and more likely to cause harm to people.

**Don’t Pocket The Past.** Help preserve Texas heritage. Leave artifacts where you find them and report their location to a ranger.

**Take only memories and pictures.** Disturbing or removing any of the park’s plants, animals or artifacts is a violation of state law.

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**FOR EMERGENCIES, PLEASE CALL 9-1-1.**

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<thead>
<tr>
<th>TRAIL</th>
<th>DISTANCE</th>
<th>DIFFICULTY</th>
<th>DESCRIPTION</th>
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<tbody>
<tr>
<td>TWO BRIDGES TRAIL</td>
<td>0.9 mi.</td>
<td>Easy</td>
<td>This hiking and biking loop trail winds through post oak forest. Enjoy the scenery from two wooden bridges that cross small creeks on the trail.</td>
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<tr>
<td>TOWASH FOREST TRAIL</td>
<td>0.9 mi.</td>
<td>Easy</td>
<td>Watch for osprey and other birds as you hike or bike this trail. You'll see a remnant of open prairie and great views of the lake from the shoreline.</td>
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