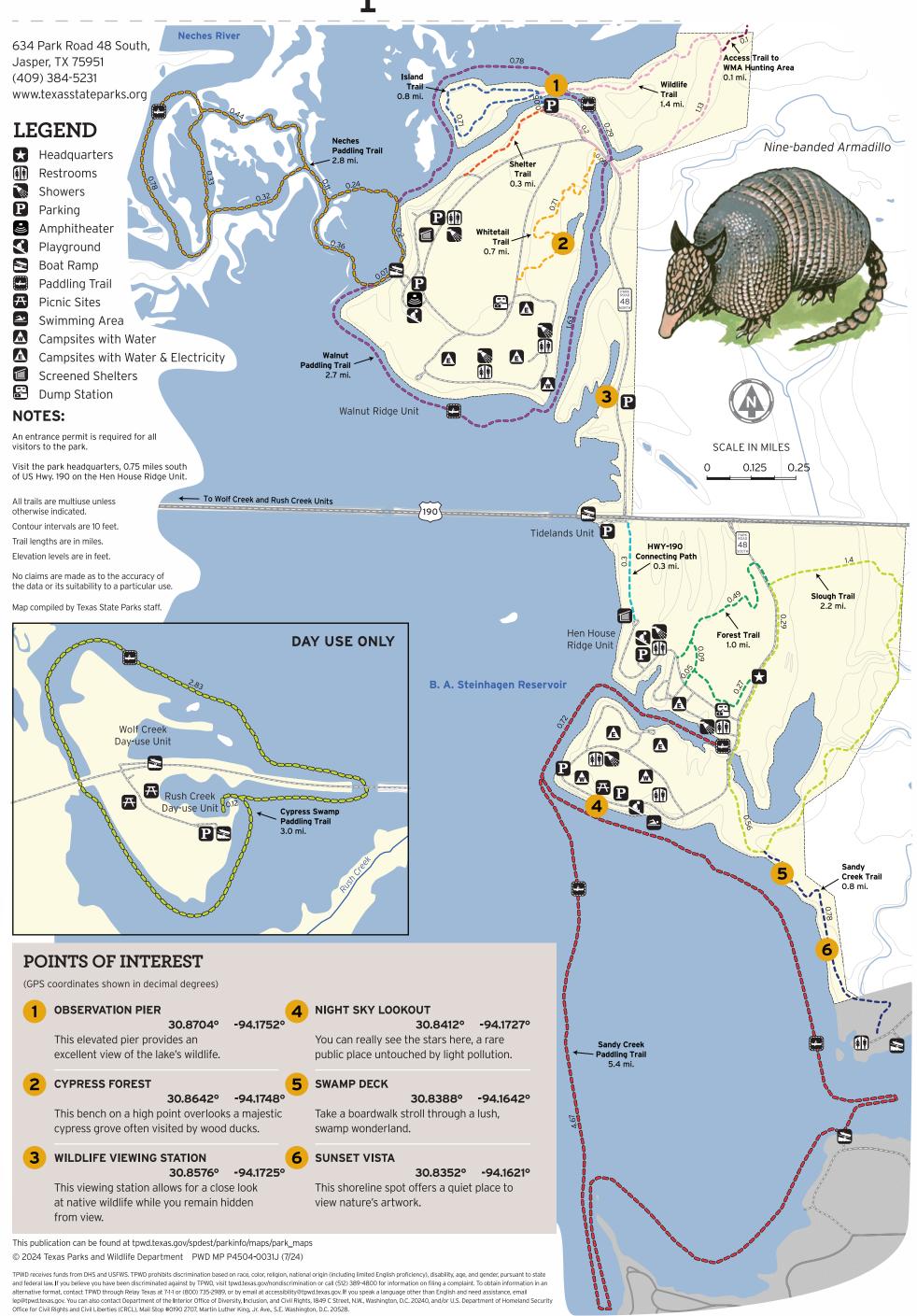


Martin Dies, Jr. State Park Trails Map



Martin Dies, Jr. State Park

Journey through quiet woods and waters...

As you travel the trails, alligators glide through dark water, citrus-scented white blossoms hang from magnolia trees, and woodpeckers tap in majestic pines. Elsewhere, sandy-bottomed B.A. Steinhagen Reservoir offers paddling destinations through waters swollen with life.

Create lasting memories of journeys through Martin Dies, Jr. State Park.

STAYING SAFE

KNOW YOUR LIMITS. Prepare for sun and heat. Wear sunscreen, insect repellent and appropriate clothing/hiking shoes.

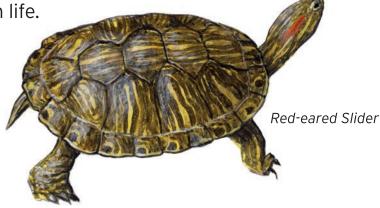
DRINK PLENTY OF WATER. Your body quickly loses fluids when you're on the trail. Bring a quart of water per hour of activity.

TELL OTHERS WHERE YOU'LL BE. If possible, avoid exploring alone. Tell someone where you are going and when you plan to return.

WEAR A HELMET WHEN BIKING. Check with park HQ to match the trail to your skill level. Wear a helmet to protect yourself in case of a crash.

ALLIGATORS LIVE IN THIS PARK. Keep at least 30 feet away from them. Never annoy or try to feed an alligator!

BE CAREFUL IN THE BOAT. Upon entering or exiting a canoe or kayak, stay low, move slowly and hold onto both sides of the boat.



TRAIL ETIQUETTE

Trash your trash. Keep the park natural. Pack out all of your trash and Leave No Trace.

Leave feeding to nature. Feeding wild animals will make them sick and more likely to harm people.

Take only memories and pictures. Please don't disturb or remove any of the park's plants, animals or artifacts.

Keep pets on leashes for their safety, and to protect wildlife.

Campfires are permitted only in designated rings due to potential for ground scarring and wildfires.

Use only your muscles. To protect park resources, no motor vehicles are allowed on the trails.

FOR EMERGENCIES, PLEASE CALL 9-1-1.



TRAIL	DISTANCE	TIME	DIFFICULTY	DESCRIPTION
WILDLIFE TRAIL	1.4 mi.	1 hr.	Moderate	Encounter a landscape of variety, both clearings and dense woods, on the Wildlife Trail. The trail travels both the park and the adjoining wildlife management area.
WHITETAIL TRAIL	0.7 mi.	30 min.	Easy	Hike along a cypress slough and hardwood forest for a variety of ecological experiences and natural beauty.
FOREST TRAIL	1.0 mi.	45 min.	Easy	Many different kinds of trees, shrubs and woody vines attract hikers to this trail. Find a booklet featuring common plants on the park's website.
ISLAND TRAIL	0.8 mi.	30 min.	Moderate	Giant beech and pine trees catch your eye on this trail. Its curves and hills will also challenge even the most avid biker.
SANDY CREEK TRAIL	0.8 mi.	40 min.	Easy	Following the eastern shoreline of B.A. Steinhagen Reservoir, this trail explores the area between the state park and Sandy Creek Park, a U.S. Army Corps of Engineers park.
SLOUGH TRAIL	2.2 mi.	90 min.	Moderate	Where habitats meet, this trail winds along the swamp marsh and through bottomland hardwoods and thick pine forest. The connection of these habitats offers a unique view of east Texas biodiversity.
SANDY CREEK PADDLING TRAIL	5.4 mi.	2.5 hr.	Challenging	The longest of the park's three paddling trails, this route hugs the shoreline and then crosses open water. Two boat ramps along the way allow you to get out and stretch your legs.
NECHES PADDLING TRAIL	2.8 mi.	90 min.	Moderate	Follow the buoys on a twisting trail toward the Neches River. You can ride the southern current of the river or take a shortcut to calmer waters.
WALNUT PADDLING TRAIL	2.7 mi.	90 min.	Moderate	Travel all the way round the park's Walnut Ridge Unit on the Walnut Paddling Trail. Your trip doesn't end until you've crossed under both the park's observation bridge and road bridge.
CYPRESS SWAMP PADDLING TRAIL	3.0 mi.	90 min.	Moderate	Paddle around the Wolf Creek and Rush Creek units and watch ducks gather amid cypress groves. Land your boat and cast your fishing line from the shore for a promising fishing opportunity.



