Lost Maples State Natural Area

Discover beauty along the river, prairie and woodlands.

Known for its showy bigtooth maple trees, Lost Maples State Natural Area offers several miles of rugged hiking trails through a quiet area of sheltered canyons, spectacular views and scenic woodlands. Find a diversity of plants and wildlife as you explore this beautiful area.

STAYING SAFE

KNOW YOUR LIMITS. Prepare for sun and heat. Wear sunscreen, insect repellent and appropriate clothing/hiking shoes.

DRINK PLENTY OF WATER. Your body quickly loses fluids when you're on the trail. Bring a quart of water (32 oz.) per hour of activity.

TELL OTHERS WHERE YOU'LL BE. If possible, avoid exploring alone. Tell someone where you are going and when you plan to return.

WEAR A HELMET. When biking, check with park HQ to match the ride to your skill level. Wear a helmet to protect yourself in case of a crash.

YOU MAY NOT BE ABLE TO CONNECT. It's a good idea to take along a cell phone and GPS unit, but don't count on them.

PORTIONS OF THE TRAIL ARE STEEP AND RUGGED. Please use caution.

FOR EMERGENCIES, PLEASE CALL 9-1-1.

<table>
<thead>
<tr>
<th>TRAIL</th>
<th>DIST</th>
<th>TIME</th>
<th>DIFFICULTY</th>
<th>DESCRIPTION</th>
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</thead>
<tbody>
<tr>
<td>MAPLE TRAIL</td>
<td>0.4 mi.</td>
<td>20 min.</td>
<td>Easy</td>
<td>This short hike showcases a large stand of relict bigtooth maple trees. See if you can figure out how the bigtooth maple earned its name.</td>
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<tr>
<td>EAST-WEST TRAIL</td>
<td>1.0 mi.</td>
<td>45 min.</td>
<td>Easy</td>
<td>Take a hike along one of the tributaries of the Sabinal River. Enjoy the shaded spots and beautiful trees, and consider which trail you may take if you lengthen your hike - West or East.</td>
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<tr>
<td>EAST TRAIL</td>
<td>3.1 mi.</td>
<td>3 hrs.</td>
<td>Challenging</td>
<td>Discover bigtooth maples, bald cypress and sycamore trees along the spring-fed Sabinal River. As you transition upward on the rocky slopes, you'll be rewarded with scenic views and spectacular rock faces. There are a couple of steep areas, so be prepared with plenty of water (32 oz. or one quart per hour of your hike) and good hiking shoes.</td>
</tr>
<tr>
<td>WEST TRAIL</td>
<td>3.6 mi.</td>
<td>3.5 hrs.</td>
<td>Challenging</td>
<td>Enjoy peace and quiet during this steep hike. Your efforts will lead to solitude, springs, and spectacular views. Experience slightly cooler temperatures in the beautiful and shaded Mystic Canyon area. Watch your step on this hilly, rocky terrain and bring plenty of water (32 oz. or one quart per hour of your hike)!</td>
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<tr>
<td>WEST LOOP TRAIL</td>
<td>2.9 mi.</td>
<td>Round Trip</td>
<td>Moderate</td>
<td>Venture 1/2 mile off of the West Trail and take this 1.29-mile detour into the quiet retreat of a shady Ashe juniper grove.</td>
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TRAIL ETIQUETTE

Trash your trash. Keep the park natural. Pack out all of your trash and Leave No Trace.

Leave feeding to nature. Feeding wild animals may make them sick and more likely to harm people.

Take only memories and pictures. Please don't disturb or remove any of the park's plants, animals or artifacts.

Primitive camping is allowed. Check with park HQ for information on areas where you may camp. Only containerized cooking is allowed, no charcoal.

Campfires are permitted only in designated rings in the water and electric camping area, but not in the primitive camping area due to potential for ground scarring and wildfires.

Keep pets on leashes for their safety, and to protect wildlife.