

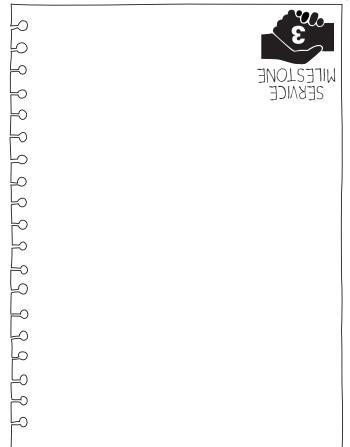






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## OUTDOOR KIDS

Gives kids like you a way to learn about fun outdoor skills and about the nature and history of Texas.

This journal is one way to become an Outdoor Kid. All you have to do is complete Milestone I and Milestone 2 for each of these three trails. There are all kinds of fun and different activities to do on each trail - the best part is it's up to you which one YOU want to do!



The Nature Trail - Experience the natural world and learn about its wonders and mysteries.



The History Trail - Travel back in time on this trail and see with your own eyes some of the places and things that make the rich history of Texas come to life.



The Recreation Trail - Hike up this trail to find out how to enjoy whatever outdoor recreation you want, from fishing and hunting to biking, canoeing and other fun activities.

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complete Milestone I: www.tpud.state.tx.us Kids Web pages for more ideas on things to do to Visit the Texas Parks and Wildlife Dept. Outdoor

- Find 5 types of butterflies
- Measure a dinosaur track
  - Find the Dig Dipper
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  - Misit a history museum
    - Visit a fish hatchery
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  - Watch birds at a feeder
- Misit a state historic site
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Examples of things you can do on l'lilestone l:

to being an official Outdoor Kid! the three trails on this Milestone you are half way to do. After you complete an activity in each of each of the three trails. It s up to you which one You get to pick one activity you want to do in

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a record of all Outdoor Kids adventures can be kept together. \* The last pages in this journal are for l'illestone > planning, so

- Cesar E. Chavez

surely be service to others. The end of all education should

strengthening the character of the service provider. required. Their reward is in helping others and Milestone S service projects are encouraged but not

generation of young people. for history), leaving it in better shape for the next others and help conserve Texas nature and culture natural or cultural resources. This should involve project that enhances or educates others about our knowledge and skills to use by working on a service where the Outdoor Kid puts his or her awareness, This is the SERVICE phase of the program - This is

official Outdoor Kid.

each trail completes the journey toward becoming an trail as a whole. Completing a l'lilestone d activity on

## MILESTONE 2

When you complete Milestone I you are ready for the next challenge, where you have to learn real skills. Pick one activity in each of the three trails. Have a parent or adult leader sign and date each completed page. You must complete a total of three Milestone 2 activities, one on each trail, to become an Outdoor Kid.

Examples of things you can do on Milestone 2:

- Take a guided tour of a park or natural area
- ▲ Learn how to set up a tent
- n Dip a candle, make a cornhusk doll, make butter
- Become a Junior Angler
- Keep a wildlife journal
- Learn to mountain bike safely
- Draw and learn the names of wildflowers or animals

Visit the Texas Parks and Wildlife Dept. Outdoor Kids Web pages for more ideas on ideas on things to learn to complete Milestone 2: www.tpwd.state.tx.us

## FOR ADULT LEADERS

Outdoor Kids is a Texas Parks and Wildlife Dept. initiative that provides and facilitates experiences for youth to increase their appreciation, knowledge and participation in outdoor recreation and the conservation of natural and historical resources of Texas. But teachers, parents and adult leaders are the key to the success of Outdoor Kids.

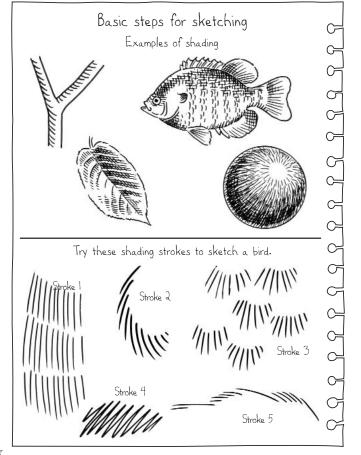
The Outdoor Kids Journal is a self-paced program. "A journey of a thousand miles begins with a single step.

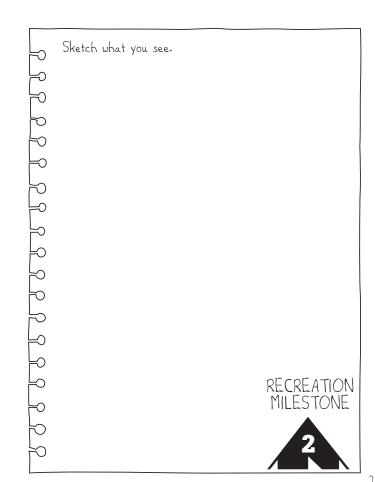
#### Milestone 1

This is the DISCOVERY phase of Outdoor Kids - to reach this milestone, the young person must participate in an activity and gain awareness about some part of the "trail" he or she is on. Completing one Milestone I activity on each trail -- The Nature Trail, The History Trail and The Recreation Trail -- is only half of the journey.

### Milestone 2

This is the LEARNING phase - to reach this milestone, the young person must participate in an activity and develop knowledge and skills about the





# RECOME AN OUTDOOR KID

On the previous pages there were lots of suggestions on how you can complete your Milestone I and Milestone a activities.

"Tell What You Did" pages are there for you to jot down things you learned or might want to remember.

"What Did You See" pages are for you to draw or describe the birds, mammals or other historical or natural points of interest you have seen.

You can also use these pages to remember things you saw; for example, if you located a particular constellation in the night sky, you could draw the star pattern on a notes page and use it another night to find the same constellation.

When you and your parent or adult leader decide Milestones I and a have been successfully completed on all three trails, print out your certificate from our Neb site.

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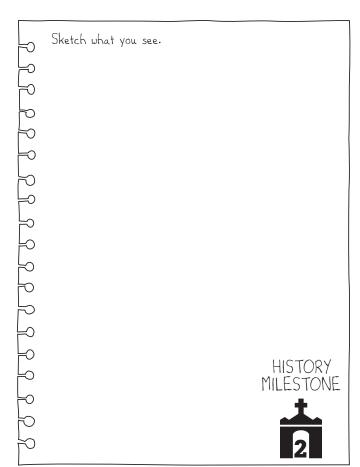


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