Kid's Wilderness Survival Pocket Guide
Assembly Instructions

1. Hand out the base sheet. With the base sheet lying with “Kid’s Wilderness Survival” and a picture of a stop sign facing up, fold in half as if you are closing a book. Make sure all the corners of the pages meet so cutting will be accurate. Fold the same crease again the opposite way so the crease will be flexible.

2. Fold in half again (all three creases are parallel). Fold the same crease in the opposite direction so the creases will be flexible.

3. Open the base page up with the stop sign facing up. Note the dotted lines. Fold in half so the dotted lines are on the outside. Cut on the dotted lines up to the crease.

4. Open the base page up with the stop sign facing up and lay on table. Pass out the insert with the boot on it. Ask the participants to spell STOP by weaving the insert into the base page. The boots will be next to one another.

5. Turn the page over. Pass out the insert with the compass on it. With the compass facing up, weave the insert into the base page. The compasses will be next to one another.

6. The end result should spell STOP on the left insert and the bold letters should spell stop on the right side insert.

7. With the stop sign facing up, push the center fold up and the two side folds go down to form a “W”. Push the pocket guide together and then gently separate the two colors in the middle to reveal the hidden messages.

8. Gently pull the stop sign and happy camper panels apart so that the sheet is flat again. Flip it over and repeat the “W” shape in step 7 and open to reveal more hidden messages.
Kid’s Wilderness Survival

How did I get lost?
When did I get off the trail?
What am I going to do now?
I’m going to...

Sound off!
Sing, whistle or talk out loud to yourself.
Someone might hear you.

Stay found!
Wear bright clothes and a hat.
Watch your trail and back trail.

Think!
Think first, then act.

Think of
other hiking partners are a must!

Organize
a plan on what you observe.

P
Plan for needs and emergencies.

What else can I do?
Keep learning as you enjoy the great outdoors.

Teach others what you know.

Share the fun with family and friends.

Become a Junior Ranger for your state parks.

For more information, contact Joe Roach, Interpreter/Resource Specialist Tyler State Park, 789 Park Rd. 16, Tyler, TX 75706 • (903) 597-5338 joe.roach@tpwd.state.tx.us

Adapted from materials found at www.Equipped.org ©1997 Equipped to Survive
Kid’s Wilderness Survival Pack

What secret items are missing from the packing list?

Keep your old school backpack from last year and make your own

Wilderness Survival Pack!

FOR THIS...

Clean water.
Food is less important, but pack some snacks anyway!

SUNSCREEN and HAT

Signal flag, headband, first-aid kit.
A bright red or orange bandana attracts attention.

FLASHLIGHT

FOR THIS...

Alert searchers. Whistle blasts can be heard better than your voice.

GARBAGE BAG

Find your way. Get one and learn to use it.
It’s fun!

OLD CD

You are lost!

What are you going to do?

Find the secrets on THIS SIDE of the page and flip it over to find more secrets on the OTHER SIDE.

BE PREPARED so you can survive in the wild!
<table>
<thead>
<tr>
<th>Temporary shelter and signal.</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Remember those big orange bags from Halloween?</td>
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| Reflect the sun as a day signal. | Reflect the sun as a day signal. | Reflect the sun as a day signal. | Reflect the sun as a day signal. |
Avoid painful sunburn, and wear a hat for protection and warmth.

To see at night and signal for help.
PACK THIS...

WHISTLE

TIME OUT!
Take a deep breath. Thinking and talking out loud takes away panic.

COMPASS

PREPARE!
To be found. For shelter and water. What if?
PACK THIS...
WATER AND SNACKS

TELL
where you are going and how long you will be gone.

BANDANA

PACK for survival.

PACK THIS...
WATER AND SNACKS

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