1. Always keep the muzzle or bow and arrow pointed in a safe direction.
2. Keep your finger off the trigger or your arrow uncocked until ready to shoot.
3. Be sure of your target and what is in front of and beyond your target.
4. All participants must use eye and ear protection.
5. All participants must obey the command of their coach.
6. On command of “CEASE FIRE,” participants immediately stop shooting, continue to keep the muzzle or bow pointed down range, remove finger from the trigger guard or bowstring, and await further instruction from their coach.

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